

Carers' Advisory Partnership Meeting

Thursday 28th June 2018

The Learning Development Centre, Scunthorpe

Minutes of Meeting

Present:

Mike Humphries (Carers' Support Service,
Chief Executive)

Susan Rumary (Carers' Support Centre,
Minutes, Carer)

Helen McLeod (Former Carer)

George Ducker (Ex Carer)

Pam Ducker (Ex Carer)

Carol Powell (NLC, Family Carer Team)

Haydee Barrett (NLC, Commissioning
Team)

Vikki Oxley (NLC, Senior Partnership
Officer)

Richard Judd (Ex Carer)

Anne Eland (Carer)

Angie Underwood (NLC, Public Health)

Julia Williams (Parent Carer, PIP)

Kay Mitchell-Gough (Parent Carer, PIP)

Malcolm Reed (Ex Carer)

Andrew Miraut (Carer, Experts by
Experience)

Sheila Barker (NLC, Housing)

Pat Taylor (Carer)

Kerry Stevens (NLC, Financial Support Team)

	Action By:
<p>1. Welcomes and Apologies.</p> <p>Haydee Barrett welcomed all to the meeting and especially welcomed Angie Underwood, Andrew Miraut, Kay Mitchell-Gough and Julia Williams.</p> <p>Haydee Barrett and Carol Powell will co-chair this month's meeting.</p> <p>Apologies were received for: - Diane French, Richard Bellamy, Jean McFarlane-Walsh, Rachel Greenbeck, Andy Holden and Annabel Tindale.</p>	
<p>2. Notes from May meeting and actions.</p> <p>Page 3. Helen McLeod and Malcolm Reed asked that the suggestion of using the Epworth local garden centre rather than the Community Hub be added to the minutes because this would have better access for Carers.</p> <p>Minutes approved by Richard Judd and seconded by Malcolm Reed</p> <p><u>Actions</u></p>	

No further actions required.	
<p>3. Making Every Contact Count & Wider Training</p> <p>Angie Underwood introduced herself to the meeting and gave a brief description of her role. Angie informed the meeting of Healthy Chat training to help people live healthier lifestyles, during which information can be given out on various topics and people can be signposted to services which will help them to reach the goals they want to achieve, Healthy Chat talks can take up to 2 hours but other courses may vary.</p> <p>Angie provided the MECC link, which is designed to provide information and support for people delivering Make Every Contact Count. http://mecclink.co.uk</p> <p>Pam Ducker asked if MECC have advertising so the public can find them, Angie stated that the MECC can be found through the Healthy Lifestyle Service.</p> <p>Mike Humphries asked how people can get in touch, Angie stated there was a list available of contacts for courses, and the list will be forwarded to Haydee to distribute to CAP members. Mike asked if courses could be set up if CSS organised a group, Angie stated this was possible.</p>	
<p>4. Partnership Working Groups update:</p> <p><u>Carers Guide</u></p> <p>Haydee informed the meeting that the Carers Guide update now needs to look at services supporting Parent Carers, the sub group will meet in September.</p> <p>George Ducker suggested checking the numbers within the guide every three months to ensure these are the most recent with correct titles, Carol Powell stated this is possible. Mike stated that if the electronic version of the guide is kept up to date this then make less work for the sub group members.</p> <p>Kay Mitchell-Gough informed the meeting that PIP has useful numbers available for Parent Carers when the sub group meets for the update.</p> <p>Haydee asked Richard Judd and George if they would like to be involved in the Carers Guide Sub Group again, both agreed they would like to be part of the group.</p> <p><u>Concessions for Carers</u></p> <p>Carol gave a brief description of the group for the new CAP members.</p> <p>Carol informed the meeting that Leisure Services are putting forward a proposal for Carers to access services at the concessions rate whether they</p>	

<p>attend with or without their Cared for person. Carol will keep the meeting informed.</p> <p>Malcolm Reed asked if the group could look at for how long after recent bereavement can ex carers continue to use this service.</p>	
<p>5. Adult Partnership Update:</p> <p>Vikki Oxley informed the meeting that The Vulnerable Adult Strategies plan has been reviewed. The plan will continue to focus on developing dementia friendly communities. Loneliness will also be added to the strategy, each area would have a lead officer and Citizen Representative.</p> <p>Andrew Miraut enquired about the people on the Autistic Spectrum, Vikki stated that they hope to have someone from that partnership attend future strategy meetings; Andrew will leave his details with Vikki.</p> <p>Vikki informed the meeting that the NL Youth Council will be holding their AGM at the Council Chambers on the 19th July 2018 at 4 pm; all Citizens Advice Representatives are invited to attend.</p> <p>Vikki informed the meeting that the next Adult Partnership meeting will be on the 27th July at the LDC.</p> <p>Vikki advised that Citizens Voice would like to develop a logo for the North Lincolnshire Citizen Groups, Vikki and her team are currently looking at and developing different possible options. When this work is complete, they will then bring the options to the CAP meeting for consultation. Then they will plan a launch event for November.</p> <p>RDASH – Carers Champions</p> <p>Haydee informed the meeting that she and Amanda Cowling had recently attended the RDASH Carers Network Event. Haydee advised it was a little disappointing because only 11 people attended and no NL Carer champions. Richard Judd asked if there is a list available of Carer champions, Haydee advised now has a list of the NL champions. Haydee and Carol are working with Chris Prewett - RDASH on ensure in the future these champions are more recognisable and linked with the ReThink Carer group.</p> <p>Haydee and Carol plan to arrange further meetings with Chris Prewitt regarding the RDASH service.</p> <p>Andrew described working with RDASH and Creative Support as confusing especially around transitions from child to adult services. Carol stated that the All Age Carers Strategy Group will be looking into transitions and mental health.</p> <p>Haydee will invite Chris Prewitt to a future CAP meeting to address this item.</p>	

<p>6. Forward Plan and CAP next steps including Consideration regarding:</p> <p><u>Recruitment of new Carers</u></p> <p>Carol was pleased to see some new members at the meeting today and thanked them for attending.</p> <p><u>CAP promotional tools</u></p> <p>George informed the meeting that he attended the NLC Volunteer Showcase event at the Baths Hall which was a very good event.</p> <p>Richard stated that during another meeting updating the banners and leaflets was discussed. Carol suggested forming a sub group to meet and discuss these updates.</p> <p>Pam informed the meeting that the CAP website is still out of date; Richard stated that he has not had time at the moment to update the website. Richard further commented that he has asked for help in the past but has not received any.</p> <p><u>Next meeting dates with Karen Pavey</u></p> <p>The next meeting with Karen Pavey will possibly be on the 9th August.</p>	
<p>7. Carers Support Service Update.</p> <p>Mike informed the meeting that CSS were very busy during Carers Week with many events and information points. The Humber bridge walk was held on Sunday, the Carers Lunch took place on Monday, Brigg Activity Carers Group held a strawberry tea, and lot of promotional work was also done throughout the week. The final event of Carers Week was The Summer Charity Ball, which went really well and in total raised £2,557.00.</p> <p>Next year's ball theme will be the Great Gatsby and will coincide with the Charity's 30 year anniversary.</p> <p>CSS is in the process of developing a new website.</p> <p>A leaflet drop was recently completed in Ulceby to promote ICCS and CSS.</p> <p>Recently CSS staff has attended a Death Café which was very insightful, staff would like to run an event for Carers.</p> <p>Staff attended the NLC volunteer showcase event, which was very useful. The group volunteers have also had more training to support Carers attending groups.</p> <p>Mike informed the meeting of upcoming meditation workshops and understanding dementia courses.</p>	

<p>Mike informed the meeting that new Lottery funded workshops are available through a natural choice group called ReWild, all workshops are free and people are able to book places through Event bright.</p>	
<p>8. Any Other Business.</p> <p>Mike informed the meeting that CSS staff are still trying to contact Richard Tones with regards to setting up Podiatry workshops.</p> <p>It was asked that Podiatry be added to the agenda for the meeting with Karen Pavey.</p> <p>George enquired about the tender for Home Care Providers, because there has been limited information and George has not been contacted about the evaluation panel or when the evaluation will take place. Haydee stated that the evaluation is currently taking place; Richard stated that he was disappointed that Carers have been excluded from the evaluation panel. Haydee will look in to this. Helen McLeod also informed the meeting that like George she was involved in the beginning of the process then did not hear anything.</p> <p>Pam informed the meeting that a Carer had approached her to say there is no first contact for new Carers when wanting to attend a Peer Support Group. Mike stated that there is, the contacts are the volunteer workers in the groups. Also if the CSS know that a new Carer would like to attend the group, volunteers can be made aware and organise to meet the Carer at the venue and provide appropriate support. Befrienders are also available.</p>	<p>HB</p>
<p>9. Close of meeting.</p> <p>Haydee Barrett thanked everyone for attending and closed the meeting.</p>	
<p>Next Meeting: Thursday 26th July, 10am at The Carers' Support Centre, Brigg.</p>	